

# Meeting Minutes- November, 2021

## Attendance

Jasmine Albagli, Mei Qiu, Campbell Quigley, Carolyn Berezowsky, Mackenzie Alexander, Pam Woolridge Batten, Philip Mansfield, Laura Newton Miller, Susan Sallaj Ginn, Jairo Matos, Batoul AlShaiban, Lianne Zhou, Fiona Warren, Wendy Liu, Janet Gibson, Jen Cameron, Karen Kong, Laura Storrie, Suzy Wong, Ryan Jaecques, Lee Ann Sullivan, Zhong AN, Asha Ali, Lisa Abbott Moore, Heather Adams, Isabelle Mercier, Nick Miller, Jennifer Kirney, Lavinia Pirusca, Cara Baas

## Bruce Levin – Intermediate Teacher Notes

Not much to report on in the intermediate division, unfortunately. Due to COVID Health and Safety protocols, there aren't any extracurriculars happening. Teachers would love nothing more than to be coaching sports or holding clubs but we are bound to the City of Ottawa's health regulations. Despite the lack of extracurricular activities, clubs, and opportunities to socialize with friends in other classes/cohorts, the students have been great. They understand the situation and have been really patient, kind, and respectful to each other. It truly is an academic setting right now and teachers are doing their best to keep students engaged in their learning during these strange times. (I'm not sure if this is necessary, but I think I mentioned something about *my point of view in respecting Mr. Fulton-Hale's difficult and pragmatic decision-making. Despite these decisions not being the most popular, I believe she is looking out for the best in our student community, and I don't envy the position she's in.*)

## Mackenzie and Campbell – Student Council Notes

**Past events:** We ran a spirit day on the Friday before Halloween encouraging students to wear their costumes to school. Many students from all grades participated in this and seemed to have fun.

**Current events:** The Merivale apparel for the 2021-2022 school year has been designed and is being processed currently. The designs will be sent out shortly to allow students to purchase apparel.

**Future events:** There will be a Fitness challenge from November 15th - December 12th. In partnership with Ms. Edwards. There will be different activities worth various point values and weekly challenges that award bonus points to encourage students to stay healthy. For more information, you can reference [this link](#)

**Question:** Is there any social media for parents to follow regarding the Merivale student council

**Answer:** Parents and students can follow @merivalestudco on Instagram or reference the school website as updates often are but there as well.

## **Jean – Principal Notes**

**OSTA:** From Vicky Kyriaco, General Manager: Please complete OSTA's annual online transportation survey. We'd like to better understand how your child(ren) have been getting to school this year and what traffic impacts you have observed around your school site.

<https://www.surveymonkey.com/r/LM23GZF>

**Crosswalks:** Students in all grades are asked to cross Viewmount at CONTROLLED crosswalks only. Crosswalks are available at Merivale and Viewmount and Grant Carmen and Viewmount. Crossing at the Metro is extremely dangerous and we ask families to meet their student in a spot that promotes safety. There is no stopping on Viewmount in either direction. Our neighbours at the Metro kindly ask that you choose a better spot to meet your student as their parking lot is very small.

**Self-Screen:** All families are reminded to review the OPH Self-Screen documents each morning with their student BEFORE the student comes to school. Together we can keep our community healthy.

**Masks:** All students are encouraged to bring a spare mask now that the weather is turning.

### **Secondary**

**Athletics:** Secondary Athletics for early Winter sports has started; seasons are abridged due to Covid considerations and availability of game officials (Sr Girls V-ball, Jr & Sr Boys BBall, Girls Hockey, XC Skiing, Curling). Thank you to our volunteer teacher coaches.

**Concussion Info:** student athletes and their parents/guardians must complete the Concussion Code of Conduct documentation prior to their student athlete being eligible to play. Coaches have communicated this information via Google Classroom and/or Athletic forms.

**Extra-Curricular Club:** Information and all Virtual Club links are available through the Library Commons Google Classroom. Clubs are VIRTUAL and meet after school on designated days between 3:30 PM – 5:00 PM. Thank you to our volunteer staff advisors.

**Grad Photos:** Grad photos with Edge Imaging took place the week of 18-22 October. Re-takes will occur in February and for those who did not book an appointment.

**PTIs:** Secondary progress reports will be shared 23 November via secure email. Parents/guardians will need their student's OEN which is on past report cards. This is a very preliminary snapshot of student learning, and students should expect their achievement levels to change as the course progresses.

**Parent-Teacher Interviews:** will be held VIRTUALLY on 25 November from 3:30 – 7:30 PM. Please note that appointments for all 8 teachers are unlikely and staff may not have availability for your preferred time. Families are further encouraged to consider additional means of communication – phone appointments/ email communication on an as needed basis.

### **Intermediate**

**Walk for Wenjack:** Intermediate students learned about the story of Chanie Wenjack and residential schools during the week of 17-22 October. Students have created wonderful artwork for our hallways through their learning!

**Progress Reports:** Will be emailed via secure message on 4 November. Parents/guardians will need their student's 9 digit OEN to access the message XXX-XXX-XXX.

**PTIs:** Parents/Guardians can request a parent-teacher interview through the form sent home via email on 1 November. Teachers will schedule the interviews on 10 November (PM) or 12 November (AM).

**Library Visits:** Will be scheduled for each Intermediate Homeroom to familiarize students with the Library Commons and their book borrowing options.

**Weather/Clothing:** Students/families are reminded to send their student dressed for the weather and for outdoor recess. Weather permitting; we are prioritizing Phys Ed outdoors for fresh air and larger spaces.

**Water Bottles:** Intermediate students have two dedicated water bottle stations in the Intermediate wing. Please make sure your student arrives to school with a re-fillable water bottle.

## **Merivale Fall Fitness Challenge**

Welcome to MHS's Fall Fitness Challenge: Students vs. Staff.  
Monday November 15 - Sunday December 12

The rules are simple:

- Sign up [here](#)
- Register your fitness activities using the [fitness log](#) starting Nov. 15.
- Different activities have different point values.
- There are weekly challenges that give bonus points.
- Completing all 4 weekly challenges yields 20 additional points at month's end.
- Activities must be logged by Sunday at 11:59pm to count for each week.
- The team that has the most points at the end of the month wins epic bragging rights!
- All participants who score at least 50 points will be eligible for draws to win prizes!

## Standings

The current standings can be found [here](#).

Your points are updated automatically when you submit your fitness log.  
Find a mistake or have a question? [Let us know](#).

## Point System

Note: An exercise/activity can only count for *one* category. If you do a 10 minute core workout that includes 50 sit-ups, you only count it for 10 minutes of core workout activity *or* 50 reps of sit-ups - no double dipping!

Activity	Time/Reps	Value	Bonus
Walking	10 minutes	1 point	+1 bonus point if the activity is done outdoors
<a href="#">Jogging</a> Cycling Rowing (stationary) Elliptical	10 minutes	2 points	+1 bonus point if the activity is done outdoors
<a href="#">Sit-ups</a> <a href="#">Push-ups</a> <a href="#">Squats</a> <a href="#">Burpees</a>	25 reps	1 point	
Weight training Core training Cardio training	10 minutes	2 points	


Meditation	10 minutes	1 point	
Yoga / Stretching	10 minutes	1 point	
Water consumption	2 litres	1 point	
<b>Week 1 Bonus Challenge November 15-21</b>	Score at least 1 point in each category this week and get a 2-point bonus.		

**Megan – Secondary Notes**  
**Nov 2021 MHS Secondary Educator’s Sharings**

SCIENCE	<p>PHYSICS - Grade 11 Physic Students explored motion in a Small Group Problem Solving Question about Texting &amp; Driving: "While you are driving, your friend sends you a text. You pick up your phone and respond with a short text. How far does your car travel in that time?"</p> <p>Students were required to make assumptions about the situation and then calculate their distance. The class then went outside to get a sense of what these distance values look like...answers ranged from 55 m to 167 m (yikes!)..Interesting to hear the spontaneous conversations about what other groups assumed and why some distances were larger than others.</p> <p>Amazing collaboration happening in Science - students sharing photos of lab experiment so that students at home can also participate</p>
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MATH	<p><a href="#">Math contest Information</a>  <a href="#">TVO Mathify: Students</a> - free Math tutoring for students Gr 7 to <b>Gr 11</b> (New)</p>
STUDENT SUCCESS	<p>Individual student support in place and assistance for all students transitioning with timetable changes. Students in need of support can access Student Success in consultation with their Guidance counsellors</p>
LIBRARY	<p><b>Forest of Reading Titles</b> have arrived - Red Maple (Intermediate), White Pine (Secondary) &amp; Tamarac (French language)          135 new titles have been added to the collection since last November          Ontario Treaty Week Nov 1 -7 will initiate our conversations about this important learning</p> <p>Library bookings have started and orientation visits are underway  <a href="#">Student book requests</a> continue and classroom book bins for intermediate classes continue</p> <p>Students have access to research resources at home - including  <a href="#">Britannica School</a>  <a href="#">Jstor.org</a>  <a href="#">CBC curio</a>          Need information regarding access? Check out Merivale Library classroom <b>vtbaztv</b></p>

	<p>Merivale Library Intermediate v7dj3kq</p>
<p>ATHLETICS</p>	<p>Fall sports - Amazing results from the Cross Country team, SBVB may advance to Quarter Finals</p>  <p>Winter sports - Senior Boys Basketball, Junior Boys Basketball, Nordic Skiing, Senior Girls Volleyball, Varsity Girls Hockey, Curling</p>
<p>CWS</p>	<p>Social Justice and Equity class - <a href="#">Walk for Wenjack</a> initiative, the class prepared information and promoted activities for the Secondary students to participate from Oct 25 -29</p> <p><a href="#">Chanie Wenjack Story</a> <a href="#">What You Can Do</a></p> <p>Remembrance Projects underway to mark Veteran's Week Nov 7 to 11, including our school community November 11th commemoration</p>
<p>Guidance</p>	<p>Merivale's Post-Secondary Information Session for parents happened on Tuesday, 26 October - grade 11 and 12 families were invited. Most grade 12 students had the opportunity to see the presentation the week before during their morning class.</p> <p>Additional information - including the post-secondary information presentation - is available on the <a href="#">Student Services website</a>. As always, students and their families are welcome to book appointments with guidance counsellors.</p> <p>Students interested in college are able to research and begin applying via the <a href="#">Ontario Colleges website</a> - no password is required. University applications can be found at the <a href="#">Ontario Universities' Application Centre (OUAC)</a> Students have been encouraged to learn more about their university options on the <a href="#">Ontario Universities Info website</a>. Students eligible for university pathways received OUAC PINs and information Friday, 22 October via email.</p> <p><i>Post-Secondary Q &amp; A session is available to students on Wednesday, 3 November at 4:00. Google Meet Nickname: MerivalePostSecondary.</i></p>

Students interested in going to the United States for post-secondary are invited to a Virtual Presentation with Jenika Heim and Education USA on Thursday, 4 November at 4:00. The Google Meet for this presentation will be sent out via Google Classroom and Managebac on 4 November.

LANGUAGES

Musician Craig Cardiff is going to be making virtual visits to several classes (both regular stream and IB) to teach songwriting with a particular emphasis on lyrics.

**DEL F** - It's back! Fall exam session info has been shared with all eligible grade 12 students. **The deadline to register is November 4th** (google form sent to their school email address). All of our grade 12 FSL classes are eligible to write this Fall, except for FIF4U-02 - Block 2C (Pierson), which will be scheduled for the Spring session because of timetabling. The exam written at school includes the listening, reading and writing components. The oral component is individual and will take place at Confederation centre between Nov 22 and Dec 17 - students sign up for a day/time online through the registration process. Students and families can get more information on the [OCDSB's DELF website](#). Any questions, please contact our DELF site coordinator, Dawn Pierson.

**Schedule for non-semestered in-person schools**

Grade 12 FSL Course:	DEL F Session 1:		DEL F Session 2:	
	Sections 1C & 1D		Sections 2A & 2B	
Test <i>level B2</i>	Monday November 22	Period 1C (AM)	Monday November 29	Period 2A (AM)
		Period 1D (PM) FIF4U-01 Pierson		Period 2B (PM) FIF4U-03 Cleveland/Furlong
Test <i>level B1</i>	Tuesday November 23	Period 1C (AM)	Tuesday November 30	Period 2A (AM) FSF3UE/4U Pierson
		Period 1D (PM) FIF4U-01 Pierson		Period 2B (PM) FIF4U-03 Cleveland/Furlong
Test <i>level A2</i>	Wednesday November 24	Period 1C (AM)	Wednesday December 1	Period 2A (AM) FSF3UE/4U Pierson
		Period 1D (PM)		Period 2B (PM)

NBE3U classes joined an NBE3U class from West Carleton SS to listen to Genova from the Inuuqatigiit Centre for Inuit Children and Families (Bridging the Gap) speak about Inuit history and culture

ART / TECH

Drama Club is up and running. We hope to have a virtual performance of short scenes and monologues for December. The performances will be pre-recorded and "tickets" available for a donation to the drama program. Looking forward, we also hope to do 2 virtual one-act plays.

Yearbook Club, Art Club & Crochet Club





IB [International Baccalaureate Virtual Open House](#)

Extracurricular [Merivale High School - Clubs](#)  
Many virtual clubs underway