

KNOW MORE

DRUGS: GET THE FACTS. KNOW THE RISKS.



The opioid crisis has devastated families and communities across Canada. It is affecting people from all walks of life, all age groups and all socio-economic backgrounds.

The facts are staggering:

- In 2017, approximately 11 lives were lost each day because of opioid overdoses.
- Young Canadians aged 15-24 are the fastest growing population requiring hospital care for an opioid overdose.
- 94% of opioid overdose deaths happen by accident.

As parents and teachers, you may have questions about the opioid crisis and what it means to the young people in your lives.

We would like to take this opportunity to invite you to attend the upcoming **KNOW MORE** parent-teacher seminar being hosted by Health Canada in your community. This seminar will help parents and teachers learn the facts about opioids and the impact of the opioid crisis from expert panellists. The panellists will also share insights on how to talk to your teens and students about this important topic.

Where: John McCrae Secondary School
103 Malvern Drive
Ottawa, ON K2J 4T2

When: Monday, March 25, 2019
Doors open: 6:30pm
Event: 7:00pm-8:00pm

Language: English

This informative session is free for all to attend, but seating is limited. More details about the event, including panellists and presentation topics, can be found [online](#). Deadline to [register for this event](#) and to submit any questions you may have for our panellists is March 22, 2018.

About KNOW MORE

Health Canada's **KNOW MORE** public awareness initiative aims to engage teens and young adults on the facts surrounding the opioid crisis and health risks associated with problematic opioid use.

The public awareness initiative includes a national touring exhibit that encourages participants to learn about opioids through interactive activities covering the following topics:

- What are opioids?
- What is fentanyl?
- Overdose awareness and understanding the crisis in Canada
- Signs of an overdose
- The Good Samaritan Drug Overdose Act
- Addressing stigma towards people who use drugs

We look forward to your attendance and participation.

Warm regards,

John McCrae Secondary School

Together we can **#stopoverdoses**

Canada.ca/Opioids